



## 10 tips for encouraging your child's learning

By Dr Andrew Wicking

---

We all want our children to have safe, healthy and fulfilling lives. For young people fulfilment is created by being actively engaged in learning. Most students with higher resilience levels value success for themselves, are motivated to learn, report feeling highly engaged in school, have good levels of social skills and don't think violence is a good way of solving problems.

Here are 10 ways to encourage your child's learning:

1. Involve your child in extra-curricular activities such as sports teams, performing arts, school publications, student government;
2. Encourage your child to value learning;
3. Take an active interest in your child's homework and schooling;
4. Encourage your child to complete their homework each night;
5. Talk to them about their homework and do some tasks with them;
6. Encourage your child to care about their school friends and care about school;
7. Join your child in reading for pleasure; talk about books, films and ideas that interest them;
8. Develop a positive view of their future life and connect this with their schoolwork;
9. Set high standards and expectations for your child;
10. Teach them new practical skills such as cooking, washing, managing money, gardening.

### **Stay in touch with Resilient Youth**

*To inquire about our surveys and programs or to join our newsletter:*

<https://resilientyouth.org/home>

*For more Free Resources or to download our free eBook '101 Resilience Building Ideas':*

<https://linktr.ee/ResilientYouthAustralia>

*Follow Andrew on LinkedIn:*

[www.linkedin.com/in/andrew-wicking-52354b28](https://www.linkedin.com/in/andrew-wicking-52354b28)

*Dr Andrew Wicking is the Founding Director of Resilient Youth Australia Pty Ltd, Adjunct Research Associate at the University of South Australia and alumnus of the Stanford Business School Executive Non-profit Leaders Course.*

**Please feel free to copy and distribute this information.**

Copyright © Resilient Youth Australia Pty Ltd, 2020. ABN 19 636 065 711  
[www.resilientyouth.org](http://www.resilientyouth.org)