

Brainy Breaks

Thumb Peace



Instructions:

Participants pair up and link right, or left hands (like Thumb War) with thumbs touching. The pair will need to work together to write the numbers from 1 to 9, with their thumbs remaining touching. One participant will be writing the numbers forwards, while the other writes the number backwards.

Cooperation and communication is needed.

Equipment: None

Safety: Focus group on the fun of the game rather than win/lose.

Easier: Use preferred hand.

Harder: Use non-preferred hand. Try writing the letters of the alphabet.