

Look down, Look up

Instructions:

Group stands in a circle facing in. Object is placed in the middle of the circle and all participants stare at the object. When “Look Up” is called by the leader, each individual lifts their eyes and stares directly at only one other person in the circle. If the person you are staring at is staring at you, you are both eliminated from the game.

Repeat until there is a winner (or two)

Equipment:

Nil

Safety:

Great game to encourage and discuss ‘eye contact’.

Easier:

Make the “look down, look up” calls at a slow pace

Harder:

Cannot look at either of your neighbours. Quicken the pace of game.