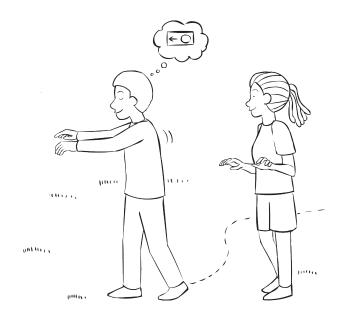
# playmeo

# Pairs Compass Walk



## At A Glance

Fun, trust-building navigation exercise for partners.

### **Benefits**

- Sharpens senses
- Builds trust & empathy
- Fosters collaboration
- Partner activity
- No props

Time 10 - 15 min

People Small 8 -15

### **How To Play**

- 1. Form pairs.
- 2. One person identifies an object that is at least 50 metres away.
- 3. This person will then close their eyes, or put on a blindfold, and aim to walk in a straight line directly towards the object, stopping directly in front of it.
- 4. Meanwhile, the sighted person will walk silently behind their partner and prevent the latter from hitting any unforeseen obstacles.

- 5. Note the results of each attempt they make, observing accuracy, biases, etc.
- 6. Swap roles and repeat several times.

#### Variations

- **Paired-Pairs**: Ask two people (possibly with opposite biases) to walk hand in hand. Their original partners will walk directly behind the two co-joined people to make observations, and ensure their safe progress.
- **Group Challenge**: Take a look at Group Compass Walk to explore the group initiative form of this exercise.

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