## Pairs Compass Walk



## At A Glance

Fun, trust-building navigation exercise for partners.

## Benefits

- Sharpens senses
- Builds trust \& empathy
- Fosters collaboration
- Partner activity
- No props

Time 10-15 min

People Small 8-15

## How To Play

1. Form pairs.
2. One person identifies an object that is at least 50 metres away.
3. This person will then close their eyes, or put on a blindfold, and aim to walk in a straight line directly towards the object, stopping directly in front of it.
4. Meanwhile, the sighted person will walk silently behind their partner and prevent the latter from hitting any unforeseen obstacles.
5. Note the results of each attempt they make, observing accuracy, biases, etc.
6. Swap roles and repeat several times.

## Variations

- Paired-Pairs: Ask two people (possibly with opposite biases) to walk hand in hand. Their original partners will walk directly behind the two co-joined people to make observations, and ensure their safe progress.
- Group Challenge: Take a look at Group Compass Walk to explore the group initiative form of this exercise.


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https://www.playmeo.com/activities/team-building-problem-solving-activities/pairs-compass-walk/

